



**HUMAN RIGHTS
AND JUSTICE CENTRE**

INTERNATIONAL HUMAN RIGHTS LITIGATION COACHING PROGRAM FOR LAWYERS 2025



IMPACT OF THE PROGRAM

ABOUT HRJC

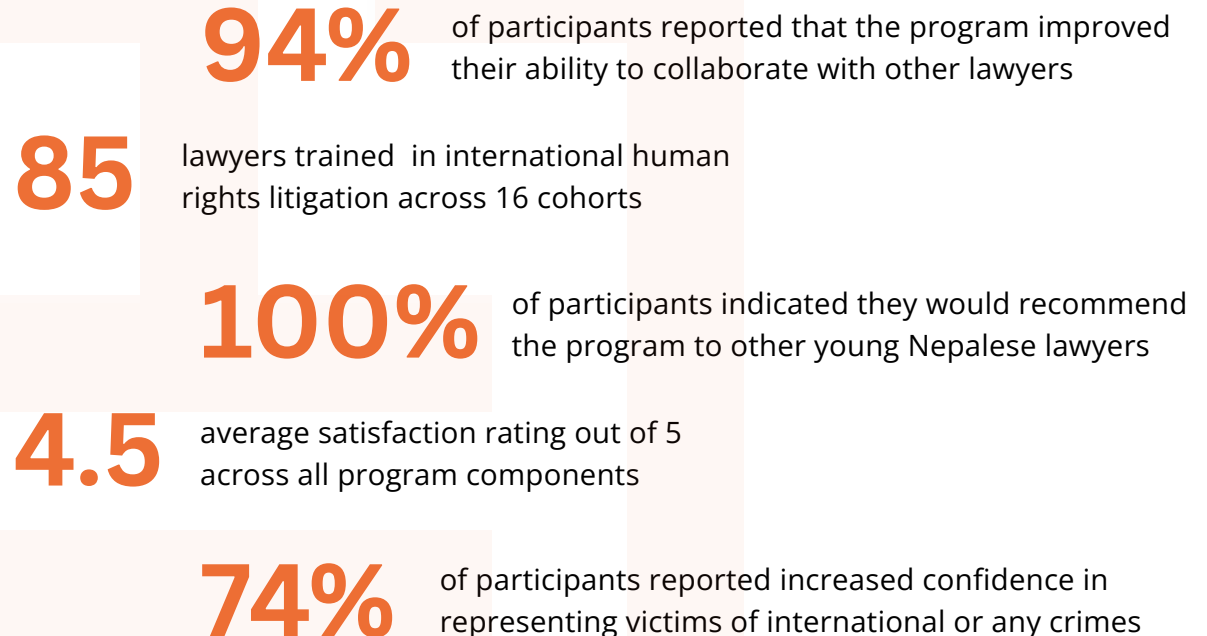
Human Rights and Justice Centre was established in December 2016. It is a non-profit organization that improves access to justice for victims of gross human rights violations in Nepal. Our mission is to create a culture of human rights compliance and accountability in Nepal and act as a catalyst for social change based on the principles of justice and equity. We envision a just society where there is easy access to justice for the victims of human rights violations and abuses.

COACHING FOR LAWYERS

The International Human Rights Litigation Coaching Program is a cornerstone project of the Human Rights and Justice Centre, first launched in 2017. It aims to upskill young Nepali legal professionals in international human rights law, transitional justice frameworks, victim-centred advocacy, and trauma-informed practice, in order to strengthen legal responses to human rights violations and the persistent impunity that accompanies them.

For more information on the program, see HRJC's impact report 2017-2024 [here](#).

SINCE 2017...



ALUMNI HAVE GONE ON TO...

JUDICIARY

Influencing justice from within the court system.

PARLIAMENT

Shaping national laws and human rights policy.

ACADEMIA

Training the next generation of lawyers

GLOBAL ADVOCACY

Advocating for Nepal on the global stage.

ADVANCED RESEARCH

Pursuing LLM and PhD research in international law to bridge the gap between academic theory and practical human rights defense.

WHAT TO EXPECT FROM THE PROGRAM IN 2025

METHODOLOGY

The program's methodology combines **practical simulations** and **case exercises** focussed on human rights violations including extrajudicial killings, enforced disappearances, conflict-related sexual violence, and torture. This experiential methodology focusses on **developing professional instincts** in **applied human rights settings**, rather than abstract legal knowledge. The program positions lawyers within a hybrid justice framework, aiming to build **expertise in international legal standards** while strengthening a **locally-grounded approach** tailored to Nepal's specific context.

6 MONTHS

From December 2025 to May 2026

8 TRAINEES

From across the legal community,
including 5 women lawyers

KEY COMPETENCIES



Trainees learn documentation and case construction techniques which strengthen strategic litigation on human rights before courts and adjudicative bodies.



Participants develop an understanding of, and ability to apply international human rights frameworks, and learn how to engage constructively with UN mechanisms to advance human rights.



Participants strengthen interdisciplinary advocacy skillsets, understanding public human rights communication strategies and participate in public discourse by publishing op-eds or giving public presentations.



Participants learn trauma-informed and non-violent communication techniques, understand how to apply rights-based approaches to interviewing, litigation and lawyering.



Trainees learn processes and conventions for participating in UN Special Procedures such as Special Rapporteur consultations and UPR cycles, and other technical applications such as victim-centred legislative analysis.

COHORT OF 2025

INTERNATIONAL HUMAN RIGHTS LITIGATION COACHING PROGRAM FOR LAWYERS 2025



ASHIKA CHAPAGAIN

is an Attorney, currently studying towards an LLM in Commercial and International Law. She has worked across policy-making and business sectors, She is interested in the intersection of law, human rights, and responsible business practices.

is a lawyer whose interests lie at the intersections of the law and society, gender, power, and accountability. She has 4+ years of experience across national and international human rights initiatives in research and program coordination roles.

ASHLESHA JOSHI



RAJENDRA GHIMIRE

Is a legal professional with a strong interest in human rights and justice. Aiming to enhance his practical understanding of human rights law and litigation, he is keen to contribute to human rights protections and access to justice in Nepal.

RIWAZ BIKRAM BHANDARI

is a lawyer and Program Development & Quality (PDQ) Officer at Child Nepal. He is pursuing his LL.M. in Human Rights and Gender Justice. His core interests lie in international human rights litigation, gender justice and strategic advocacy.



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RUBITA DUDHARAJ BK

is a lawyer with a strong commitment to human rights. She is a child rights and digital safety advocate. Her work involves research and analysis in these fields to support advocacy aimed at protecting children and strengthening justice systems.

SUGAM PUDASAINI

is an advocate with a curiosity for human rights and experience in legal research. She is a solution-oriented, justice-minded, and passionate legal professional with a desire to transform systems through her legal advocacy.



SUSHANT NEPALI

has experience in litigation, research, human rights, and community leadership. He has worked with Legal Services Associates, Sumana Shrestha's Secretariat, Daayitwa, and Progress Inc. He has a passion for youth governance and human rights.



SWASTIKA PRADHAN

is a Legal Advisor with GIZ Nepal. Her career has spanned corporate and development sector. Her interest in human rights has grown through practice and academic engagement. She hopes to gain international litigation skills.



SUPPORT OUR WORK! DONATE!

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